

**COLONOSCOPY INSTRUCTIONS—GALLON-DUCOLAX**

\_\_\_\_\_ has been scheduled for a colonoscopy at \_\_\_\_\_  
on \_\_\_\_\_ the \_\_\_\_\_ of \_\_\_\_\_ at \_\_\_\_\_ AM / PM.

- 9) **COME** \_\_\_ HOUR(S) prior to your scheduled procedure time .
- 10) **Bring a driver THAT MORNING**, you **WILL NOT** be allowed to drive home or work the rest of the day.
- 11) **HOLD Aspirin or aspirin products** for 1 week prior to your procedure.(**AVOID:** Advil, Aleve, Motrin, Ibuprofen, Alka-Seltzer, Fish oil, and Excedrin. You **MAY TAKE** Tylenol products.)  
\*\*\*\* If you take:
  - **COUMADIN or WARFARIN**—hold this for **4 days** prior to your procedure.
  - **PLAVIX** - hold this for **7 days** prior to your procedure.
  - **IRON or IRON SUPPLEMENTS**- hold for **7 days** prior, as they can slow cleaning process of laxatives.

**AVOID FOODS WITH SEEDS, CORN, OR NUT PRODUCTS FOR 1 WEEK PRIOR TO YOUR PROCEDURE!**

- 12) **MEDS TO BE TAKEN THE AM OF YOUR PROCEDURE** with a sip of water at 6-7 am. ARE : **HEART/BP/Anti-seizure/Anti-Parkinson's/Breathing Meds**
- 13) **Diabetic: INSULIN** -take only ½ your usual dose that morning. **TABLETS** hold them until after your procedure.
- 14) Pick up your **PREP AT THE PHARMACY.**
- 15) **THE WHOLE DAY BEFORE-** you are on **CLEAR LIQUIDS.** This includes juice, broth, Jell-O, tea, black coffee, Pop-cycles, as well as anything else you can hold up to a light and see through.
- 16) **CAN USE** sugar but **NO** creamer in your coffee. **NOTHING RED** as it can give a false impression of bleeding. **YOU WILL HAVE NOTHING TO DRINK AFTER MIDNIGHT WITH EXCEPTION OF PREP ORDERS PRIOR TO YOUR PROCEDURE.**

\*\*\*\**If you are scheduled before 10am-* start your prep at **6pm** the day before by taking the Ducolax tabs with the first glass of the **Gallon jug**, **Then** drink (1) 8 oz glass every 20-30 minutes until completed. Continue drinking clear liquids along with this up until bed time.

\*\*\*\* *If you are scheduled after 10am-* start your prep at **6pm** the day before by taking the Ducolax tabs with the first glass of the **Gallon jug**, **then** drink ½ of your **Gallon jug**. At **6 am the next morning**, you will drink the rest of your prep finishing by **8am**.

**YOU WILL HAVE NOTHING BY MOUTH AFTER MIDNIGHT:  
EAT/DRINK/SMOKE/SNUFF/GUM PRIOR TO YOUR PROCEDURE OUTSIDE  
OF YOUR PREP ORDERS.**

Leave your jewelry at home; we do not want to lose it. Do not wear any makeup or nail polish.

Any questions call the office at (740)968-7147, after hours; call the answering service at (740) 671-7324.

**48 HOURS ADVANCE NOTIFICATION REQUIRED FOR A CANCELATION OR WE RESERVE THE RIGHT TO BILL YOU.**